

**Theatre 10**

		<b>Presenter</b>
9:00am	Prepared or Prepper? Just Pick One!	Tal Ehlers
10:00am	Helping Those with Access and Functional Needs	Tal Ehlers
11:00am	National Guard Response to an Emergency	National Guard
12:00pm	Integrated Estate Planning for most common emergency	Douglas Bates
1:00pm	National Guard Response to an Emergency	National Guard

**Theatre 11**

9:00am	Earthquakes	Marilyn Hoff
10:00am	Water Storage	State person
11:00am	Earthquakes	Marilyn Hoff
12:00pm	Water Storage	State person
1:00pm	Earthquakes	Marilyn Hoff
2:00pm	Water Storage	State person
3:00pm	Earthquakes	Marilyn Hoff

**Theatre 12**

9:00am	Wild edible plants	Beuna Tomalino
10:00am	Thermal Cooking	Cindy Miller
11:00am	Climate change	Sterling Poulson
12:00pm	Edible landscaping	Beuna Tomalino
1:00pm	Thermal Cooking	Cindy Miller
2:00pm	Herb Growing	Beuna Tomalino
3:00pm	<u><a href="#">available</a></u>	

**Theatre 13**

9:00am	<u><a href="#">available</a></u>	
10:00am	Will your food storage really last 25 years	Marcello Sarjoolos
11:00am	Water Storage and Filters	Marcello Sarjoolos
12:00pm	Water Storage	Marcello Sarjoolos
1:00pm	Climate change	Sterling Poulson
2:00pm	Will your food storage really last 25 years	Marcello Sarjoolos
3:00pm	Water Storage and Filters	Marcello Sarjoolos

**Theatre 14**

9:00am	Hope for everyone: Mental Health Successes	Dr. Stephen Merrell
10:00am	Hope for everyone: Mental Health Successes	Dr. Stephen Merrell
11:00am	Hope for everyone: Mental Health Successes	Dr. Stephen Merrell
12:00pm	<u><i>available</i></u>	
1:00pm	Insurance is crucial	MJ Martinez
2:00pm	Integrated Estate Planning for most common emergency	Douglas Bates
3:00pm	<u><i>available</i></u>	

**Croft Power tent**

9:00am	<u><i>available</i></u>	
10:00am	Back Up Generators- What You Need to Know	Marc Croft
11:00am	<u><i>available</i></u>	
12:00pm	<u><i>available</i></u>	
1:00pm	Back Up Generators- What You Need to Know	Marc Croft
2:00pm	<u><i>available</i></u>	
3:00pm	<u><i>available</i></u>	

Presenter: **Tal Ehlers**

Subject(s): **Prepared or Prepper? Just Pick One! – Theatre 10 @ 9:00am**

Gain a proper emergency preparedness mindset. Quite simply, consider the items you would not want to go without to remain as comfortable as possible until normalcy returns. Individual citizens can create their own emergency strategies and provisions with prudent planning. A preparedness mindset is not as extreme as some might have you believe.

**Helping Those with Access and Functional Needs – Theatre 10 @ 10:00am**

As you prepare for emergencies that may affect you and your loved ones consider developing preparedness plans for those with physical and medical conditions. Consider the needs of children, the elderly, and those with access and functional needs within your household and your circle of influence

Bio: E. Tal Ehlers is the Utah Transit Authority Emergency Management Program Manager.

He holds a Master of Arts (MA) from Arizona State University in Emergency Management and Homeland Security and is a Certified Emergency Manager (CEM) through the International Association of Emergency Managers (IAEM). He is a Law Enforcement Officer (LEO), certified Firefighter II, Hazmat Operations and an Advanced Emergency Medical Technician (A-EMT).

Tal is a graduate of FEMA's flagship National Emergency Management Executive Academy (EMPP) and the Master Exercise Practitioner (MEP) programs. He received counter-terrorism training at the world-renowned Institute of Terrorism Research and Response (ITRR) in Israel. Training focused on intelligence gathering, suicide bomber interdiction, and jihadism.

Tal resides with his family in Salt Lake City. His hobbies include running, travel, and cast-iron cooking

Presenter: **Douglas Bates**

Subject(s): **Integrated Estate Planning for most common emergency – Theatre 10 @ 12:00pm**

One emergency that everyone will experience is the loss of a family member. Not from earthquakes, floods, or natural disasters but simply from the passing away of a parent. Prepare your estate in advance so your family can handle this emergency with the least amount of hassle, stress and aggravation.

Bio: Douglas Bates is the Managing Director of DePaul & Associates, and focuses on Integrated Estate Planning, where seven key strategies are explored to provide an integrated approach to personal estate planning. The seven key areas are Tax Reduction, Living Probate, Longevity Planning, Asset Protection, Risk Management, Family Probate, and Legacy Planning.

Presenter: **Marilyn Hoff**

Subject(s): **Earthquakes – Theatre 11 @ 9:00am, 11:00am, 1:00pm, 3:00pm**

Maralin Hoff is known as "Utah's Earthquake Lady" because of her in-depth knowledge on preparing for earthquakes and her tireless presenting on the subject throughout the state. She was given the nickname "Earthquake Lady" by the Red Hills Middle School in Richfield, Utah in 1995 because she demonstrated an earthquake with a 5-room doll house with the real sound of a California earthquake on a CD. Her presentation includes tips on putting together your own personalized emergency backpacks for each member of the family, necessary items and even kits

for your house pets. She also talks about the need for kits for your place of business, your vehicles and as well as home. Information is presented on keeping your kits updated and the need to rotate specific items in your kits.

**Bio:** Maralin Hoff, known as "The Earthquake Lady", is community presenter for the Utah Division of Homeland Security Office of Emergency Services, and has done numerous trainings throughout the state regarding earthquake preparedness.

**Presenter:** Unknown state person

**Subject(s):** **Water Storage – Theatre 11 @ 10:00am, 12:00pm, 2:00pm**

**Bio:**

**Presenter:** **Beuna Tomalino**

**Subject(s):** **Wild edible plants – Theatre 12 @ 9:00am**

Come and learn about wild edible plants that can be found locally and used in your everyday diet. Most people don't know that there are lots of plants that grow in the wild locally that can be prepared and used in many ways.

**Edible landscaping – Theatre 12 @ 12:00pm**

Edible landscaping involves growing edible plants in the landscape. Edible landscaping does not necessarily involve planting in the traditional sense where vegetables are planted in a garden spot or fruit trees are planted in a small orchard. Fruits, vegetables, and herbs including some less familiar plants can contribute to an attractive landscape and also provide sources of food. Edible plants can be used as groundcovers, shrubs, trees, perennials, annuals, vines. Come and learn how to use edible landscaping in your yard.

**Herb Growing – Theatre 12 @ 2:00pm**

**Bio:** After earning her degree in horticulture Beuna began as a landscape designer and then realized she loves teaching people how to garden. She teaches through one-on-one consultations and through gardening classes including Composting, Growing Your Own Herbs, and Square Foot Gardening. Beuna also holds wild herb walks to teach identification and use of wild edible plants. Beuna is the author of books including What About Herbs? and has created sets of wild herb card decks.

**Presenter:** **Cindy Miller**

**Subject(s):** **Thermal Cooking – Theatre 12 @ 10:00am, 1:00pm**

Join Cindy as she teaches principles of retained heat cooking, also known as thermal cooking. It's like using a crockpot but with out the cord. :)

Cindy's thermal cooking course is a comprehensive, all-you-need-to-know class—made simple. We will discuss this time-proven method of cooking, its techniques, and advantages. Retained heat cooking utilized trapped heat to cook food. This knowledge is vital in times of emergency to feed the masses. Using basic principles, this method uses less time, effort, and fuel. It is also great for busy days, family parties and low resource settings.

**Bio:** Cindy Miller loves teaching all things Retained Heat Cooking, also known as Thermal Cooking. Cindy is the owner of thermalcooking.net and the author of Let's Make Sense of Thermal Cooking Cookbook.

The study of thermal cooking has opened opportunities for Cindy to help develop humanitarian work in this area. Through her charity The HopeSaC Project and 100 Humanitarians, Cindy has traveled around the globe to share retained heat cooking to those in low resource settings.

Before her focus on thermal cooking, Cindy earned a degree in business and spent over twenty years in event planning and catering.

**Presenter: Sterling Poulson**

**Subject(s): Climate change – Theatre 12 @ 11:00am, Theatre 13 @ 1:00pm**

**Bio:** Sterling Poulson is currently the chief meteorologist for 2News. He joined the KUTV 2News Weather Team as an anchor, weather producer and meteorologist in December 1989. The veteran forecaster graduated with a degree in meteorology and was trained as a forecaster in the United States Air Force. During his service with the Air Force he served with distinction and received many awards, serving also in the Air National Guard. He is a Certified Broadcast Meteorologist, and served a three-year term as a member of the Board of Broadcast Meteorologists. He chaired the AMS Broadcaster's National Convention in San Francisco in June 2000. He enjoys visiting schools with the 2News Weather Lab, speaking to students about weather and science. He is a member of board of directors of the Clark Planetarium, the Days of '47 committee, and The Choral Arts Society of Utah. He is chairman of the board of the West Valley Symphony of Utah. Sterling resides in Centerville and enjoys fishing and spending time with his family.

**Presenter: Marcello Sarjoolos**

**Subject(s): Will your food storage really last 25 years – Theatre 13 @ 10:00am, 2:00pm**

Whether you've been doing preparedness for 30 years or just getting started, you'll save 100s of hours of research and learn principles in this class that will change the way you do your food storage!

When it comes to emergency preparedness, there are 2 things you NEVER take chances on: Food and Water. Everything else, like sanitation, heating, cooling, light, shelter, etc. could be created during an emergency (if needs be). But, if you don't have the right foods or clean water ahead of time, you won't find them in the supermarket if things get desperate enough.

In this class, you will learn how to do food storage the right way, the first time!

Come learn why mylar pouches may not be the best solution for your long-term storage, why many pre-made meals spoil long before their 25-year shelf-life claims, how and where to store your foods, and which foods will preserve long-term and which ones won't (the answers may surprise you).

**Water Storage and Filters – Theatre 13 @ 11:00am, 3:00pm**

**Bio:** Marcello Surjopolos is a Pioneer in Emergency Preparedness research and implementation and is passionate about helping others get prepared the right way. He has worked with the U.S. Special Forces, Large Retailers, Corporations, Celebrities, Churches, Hospitals, Government entities of all sizes, and 1000s of Families worldwide to prepare for emergencies.

Marcello is the owner of Food Storage Depot (the largest Emergency Preparedness Retail Store in Utah out of South Jordan) and FoodStorageDepot.com. He also owns Puravai Emergency Water (the longest lasting emergency water in the world), Ready Harvest foods, and is the creator of The 7 Prep Steps (the most streamlined emergency preparedness program in the industry).

Marcello's background as a consultant, a manufacturer, and an owner of several emergency preparedness companies has given him a unique view into what products, services, and practices will actually work during emergencies and consequently how to save the lives of your loved ones during an actual crisis.

Marcello is also a first responder.

In the confusing world of preparedness, it's refreshing to have an emergency preparedness expert like Marcello break through all the confusing (even contradictory) clutter, save you years of research, and help you avoid \$1000s in needless (but very common) emergency preparedness mistakes most people make.

Presenter: **Dr. Steven Merrell**

Subject(s): **Hope for everyone: Mental Health Successes – Theatre 14 @ 9:00am, 10:00am, 11:00am**

Great things are happening in Centerville! Despite real challenges in our town with mental health, we are making progress, and help is nearby! You and your loved ones do not need to face anxiety, depression, or suicidal ideation alone. Please find out about local resources and success stories, and join in the discussion of how to make our city the best place in the world.

Bio: Dr. Stephen Merrell is a local family physician who enjoys helping people regain their quality of life whether challenged by medical or mental illness. He is a founding Centerville Cares board member and is currently serving as Chairman of the Executive Committee. He and his wife have three children and can't imagine raising them anywhere but here in Centerville.

Presenter: **MJ Martinez**

Subject(s): **Insurance is crucial - Theatre 14 @ 1:00pm**

Understanding how your insurance policies work and what to do in case of an emergency.

Bio: MJ Martinez is the Agency Owner at MJ Martinez Platinum Insurance Agency located in Centerville, UT. She holds a Bachelor of Economics degree from the University of Utah. MJ aims to earn the trust of her customers through recommending and providing needed services for them to be prepared and protected in the future. With more than a decade of history working in the insurance industry, she is skilled in business planning, business management, and financial services.

Apart from her professional life, she is a proud mother of two.

Presenter: **Marc Croft**

Subject(s): **Back Up Generators- What You Need to Know – Croft Tent @ 10:00am, 1:00pm**

A backup generator class to be taught by Marc Croft of Croft Power Equipment (Woods Cross). Marc has gained an extensive knowledge of portable and standby generators for the use in an emergency and recreation. During this class, attendees will learn about proper generator sizing and what appliances can be run. He will also cover how to correctly connect a generator to the home, avoiding dangerous pitfalls. He will also teach on the best type of fuels to use including proper storage of these fuels. This has always been a well-attended class in years past, please come with any and all questions you may have about your emergency power needs.

**Bio:** Local South Davis County resident and business owner of Croft Power Equipment, Marc is knowledgeable in the use of generators and fuel for emergency situations. He has presented at power seminars and taught classes on generator use and selection.