

2024 South Davis Preparedness Fair SEMINAR SCHEDULE

Theatre 10	Capacity - 81	
9:00 am	Disaster Recovery – What to Expect	Max Johnson – Utah DEM
10:00 am	Wildland Fire Protection for Residential Homes and Flood After Fire Risk	August Foreman Tracie Harrison Jamie Huff
11:00 am	Earthquake Lady Emergency Kits and How to Protect Yourself	Maralin Hoff – Be Ready Utah
12:00 pm	Disaster Recovery – What to Expect	Max Johnson – Utah DEM
1:00 pm	Wildland Fire Protection for Residential Homes and Flood After Fire Risk	August Foreman Tracie Harrison Jamie Huff

Theatre 11	Capacity - 177	
9:00 am	Water and Sanitation	Marcelo Surjopolos
10:00 am	"What If?" Disaster Cooking Guide	Mitzi Jensen
11:00 am	Will Your Food Storage Really Last 25 Years	Marcelo Surjopolos
12:00 pm	Cyber Disaster – How to Protect Yourself	Matt Beaudry
1:00 pm	Water and Sanitation	Marcelo Surjopolos
2:00 pm	"What If?" Disaster Cooking Guide	Mitzi Jensen
3:00 pm	Will Your Food Storage Really Last 25 Years	Marcelo Surjopolos

Theatre 12	Capacity - 92	
9:00 am	Family Disaster Planning	Bryan Stinson – Be Ready Utah
10:00 am	Cyber Disaster – How to Protect Yourself	Matt Beaudry
11:00 am	<i>Available</i>	
12:00 pm	Run Hide Fight	Bountiful PD
1:00 pm		
2:00 pm	Earthquake Lady Emergency Kits and How to Protect Yourself	Maralin Hoff – Be Ready Utah
3:00 pm	Run Hide Fight	Bountiful PD

Theatre 13	Capacity - 81	
9:00 am	How to Prepare Pets for Evacuation	Rylee Gifford
10:00 am	Thermal Cooking	Cindy Miller
11:00 am	<i>Available</i>	
12:00 pm	How to Prepare Pets for Evacuation	Rylee Gifford
1:00 pm	Thermal Cooking	Cindy Miller
2:00 pm	Scams and Fraud – don't let it happen to you	Mariah Tucker
3:00 pm	<i>Available</i>	

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Theatre 14	Capacity - 100	
9:00 am	How to Prepare for Weather Disasters	Sterling Poulson
10:00 am	How to prepare for Earthquakes	John Crofts – Be Ready Utah
11:00 am	Sanitation	Bryan Stinson – Be Ready Utah
12:00 pm	Family Disaster Planning	Bryan Stinson – Be Ready Utah
1:00 pm	How to Prepare for Weather Disasters	Sterling Poulson
2:00 pm	How to prepare for Earthquakes	John Crofts – Be Ready Utah
3:00 pm	Sanitation	Bryan Stinson – Be Ready Utah

Tent		
9:00 am	Solar for Emergencies	Doug Shipley
10:00 am	<i>Available</i>	
11:00 am	First Aid / Stop the Bleed	Garland Fahrner
12:00 pm	Whole House Power Generation for Emergencies	Terry Jenkins
1:00 pm	Solar for Emergencies	Doug Shipley
2:00 pm	First Aid / Stop the Bleed	Garland Fahrner
3:00 pm	Whole House Power Generation for Emergencies	Terry Jenkins

Croft Tent		
As needed	<i>Emergency Power Generation in Emergencies</i>	<i>Marc Croft</i>
As needed	<i>Safe Use and Maintenance of Chain Saws in Emergencies</i>	<i>Marc Croft</i>

Presenter: Cindy Miller

Subject(s): Thermal Cooking – Theatre 13 @ 10:00am, 1:00pm

Join Cindy as she teaches principles of retained heat cooking, also known as thermal cooking. It's like using a crockpot but with out the cord. :)

Cindy's thermal cooking course is a comprehensive, all-you-need-to-know class—made simple. We will discuss this time-proven method of cooking, its techniques, and advantages. Retained heat cooking utilized trapped heat to cook food. This knowledge is vital in times of emergency to feed the masses. Using basic principles, this method uses less time, effort, and fuel. It is also great for busy days, family parties and low resource settings.

Bio: Cindy Miller loves teaching all things Retained Heat Cooking, also known as Thermal Cooking. Cindy is the owner of thermalcooking.net and the author of *Let's Make Sense of Thermal Cooking Cookbook*.

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The study of thermal cooking has opened opportunities for Cindy to help develop humanitarian work in this area. Through her charity The HopeSaC Project and 100 Humanitarians, Cindy has traveled around the globe to share retained heat cooking to those in low resource settings.

Before her focus on thermal cooking, Cindy earned a degree in business and spent over twenty years in event planning and catering.

Presenter: Sterling Poulson

Subject(s): How to Prepare for Weather Disasters – Theatre 14 @ 9:00am, 1:00pm

Bio: Sterling Poulson is currently a retired Chief Meteorologist for 2News, joining the KUTV 2News Weather Team as an anchor, weather producer and meteorologist in December 1989. He remains on the KUTV team as their community ambassador. The veteran forecaster graduated with a degree in meteorology and was trained as a forecaster in the United States Air Force. During his 10 years on active duty with the Air Force, He served a 13-month tour in Vietnam from 1970–1971 and was awarded the Presidential Unit Citation while assigned with the 21st Tactical Air Support Squadron. In 1974 he was assigned to the 1st Airborne Command Control Squadron in direct support of Air Force One. After 11 years active duty, he served in the Air Force Reserves and the Utah Air National Guard. In 2008, he received the Utah National Guard Minute Man Award, and in 2009 was selected as Senior NCO of the year for the Utah Air National Guard. He retired from the Air Force in 2011 after 27 years of service. In 2016, he received the Zions Bank Military Service Award, presented at the Veterans Day Concert for 13 years of presenting the annual Armed Forces Day Concert with the Choral Arts Society of Utah and Utah National Guard 23rd Army Band.

He is music director and founder of The Choral Arts Society of Utah, conducting as many as six concerts each year with the 110-voice choir. He has a degree in Choral Music Education from the University of Utah. He served two terms on the board of the American Choral Directors Association-Utah Chapter. From 1988–2009, he held the position of music reader for the Tabernacle Choir on Temple Square broadcast “Music and the Spoken Word.” He was an invited guest conductor for a performance of the Fauré Requiem in the world-famous Carnegie Hall in March 2019, and will return to Carnegie Hall as a guest conductor on Easter Sunday, 2025. He is board chair of the West Valley Symphony of Utah, and currently serves as a board member of the Ronald McDonald House Charities. He is also a board member of the Days of '47 Inc., and is a past board chair of the Clark Planetarium.

Presenter: Marcello Sarjoolos

Subject(s): Will your food storage really last 25 years – Theatre 11 @ 11:00am, 3:00pm

Whether you've been doing preparedness for 30 years or just getting started, you'll save 100s of hours of research and learn principles in this class that will change the way you do your food storage!

When it comes to emergency preparedness, there are 2 things you NEVER take chances on: Food and Water. Everything else, like sanitation, heating, cooling, light, shelter, etc. could be created during an emergency (if needs be). But, if you don't have the right foods

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or clean water ahead of time, you won't find them in the supermarket if things get desperate enough.

In this class, you will learn how to do food storage the right way, the first time!

Come learn why mylar pouches may not be the best solution for your long-term storage, why many pre-made meals spoil long before their 25-year shelf-life claims, how and where to store your foods, and which foods will preserve long-term and which ones won't (the answers may surprise you).

Water and Sanitation – Theatre 11 @ 9:00am, 1:00pm

Bio: Marcello Surjopolos is a Pioneer in Emergency Preparedness research and implementation and is passionate about helping others get prepared the right way. He has worked with the U.S. Special Forces, Large Retailers, Corporations, Celebrities, Churches, Hospitals, Government entities of all sizes, and 1000s of Families worldwide to prepare for emergencies.

Marcello is the owner of Food Storage Depot (the largest Emergency Preparedness Retail Store in Utah out of South Jordan) and FoodStorageDepot.com. He also owns Puravai Emergency Water (the longest lasting emergency water in the world), Ready Harvest foods, and is the creator of The 7 Prep Steps (the most streamlined emergency preparedness program in the industry).

Marcello's background as a consultant, a manufacturer, and an owner of several emergency preparedness companies has given him a unique view into what products, services, and practices will actually work during emergencies and consequently how to save the lives of your loved ones during an actual crisis.

Marcello is also a first responder.

In the confusing world of preparedness, it's refreshing to have an emergency preparedness expert like Marcello break through all the confusing (even contradictory) clutter, save you years of research, and help you avoid \$1000s in needless (but very common) emergency preparedness mistakes most people make.

Presenter: Mitzi Jensen

Subject(s): What If?" Disaster Cooking Guide – Theatre 11 @ 10:00am, 2:00pm

WHAT IF... you cannot buy food?you have no power?you need to suddenly evacuate? ...you need to "go back in time"? ...you need to relocate?

This class offers a 'turn-key' plan to ease the challenge of feeding ourselves during abnormal situations. By preparing ahead of time with sufficient shelf-stable food, nutritionally balanced menus and recipes, off-grid cooking options, and practice cooking with these, you will feel the peace of knowing that you and your family will be able to eat during tough times. You can do it! Come learn how!

Bio: Mitzi Jensen values the importance of education, self-reliance and consistent preparation for possible future adverse life situations. Mitzi raised many children on limited funds and fed the family by growing food in large gardens, making meals from scratch and preserving food in the summer for use in the winter. Mitzi earned a B.S. in Horticulture Science, a B.S. in Biology, a MEd in Curriculum and Instruction, a

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Secondary Teaching Certificate, Master Gardener and CERT certification. Mitzi is the author of "What If... Cooking--Meals In Adverse Conditions." Teaching people about preparedness is one of her life missions. Mitzi is a preparedness consultant with Food Storage Depot in South Jordan, Utah and is a secondary science teacher at a charter school. She also teaches hands-on preparedness workshops. Mitzi enjoys camping, hiking, traveling, and adventures with her family

Presenter: John Crofts – Be Ready Utah

Subject(s): How to prepare for Earthquakes – Theatre 14 @ 10:00am, 2:00pm

Bio: With over two decades of dedicated service to the Utah Division of Emergency Management, John Crofts is a seasoned public servant in disaster preparedness, functional recovery, mitigation, and response. Throughout his career, he has garnered extensive experience in managing crises, from the hurricane-ravaged Florida and post-Katrina Mississippi to the flood-prone regions of Colorado and his home state, Utah. John's journey into the world of emergency management has not just been a profession but a life-changing commitment. His unwavering dedication revolves around safeguarding life, property, the environment, and commerce. He firmly believes that the lessons drawn from wisdom and knowledge should be channeled into actionable strategies that benefit both the present and the future.

At the core of John's mission is the conviction that the choices we make today can significantly impact the safety and prosperity of generations to come. He is steadfast in his pursuit of educating elected officials, public entities, and the general public about the critical earthquake risks facing Utah. As a key member of the Utah Seismic Safety Commission, he works tirelessly to inspire and support elected officials who are taking proactive steps to secure our collective future.

Beyond his professional commitments, John Crofts is the proud father of three children. His two wonderful daughters (who make him proud every day) reside in Utah. His son is currently serving in the United States Air Force. John's devotion to his family mirrors his commitment to protecting and serving his community, state, and nation.

John is a dedicated public servant who bridges the gap between knowledge and action. His enduring commitment to functional recovery and disaster preparedness underscores his belief in our capacity to make the changes needed to protect our future. Utah stands poised to navigate the challenges of earthquakes with resilience and foresight.

Presenter(s): August Foreman, Tracie Harrison, Jamie Huff

Subject(s): Wildland Fire Protection for Residential Homes and Flood After Fire Risk – Theatre 10 @ 10:00am, 1:00pm

Bio: August Foreman is the Fire Warden for Davis County, bringing 16 years of experience as a wildland firefighter. August has spent the majority of his career in Arizona, where he gained extensive experience working on both hand crews and a helitack crew, and most recently served as the superintendent for the Twin Peaks hand crew. For the past 5 years, he has been working in Utah, dedicating his expertise to the state's fire management efforts. In his current role, August coordinates with county, local, and federal partners for fire management, preparedness projects, and public outreach. His comprehensive understanding of wildfire behavior and his leadership experience make him an invaluable asset in protecting the community and ensuring Davis County is well-prepared for any wildfire situation.

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Presenter: Bryan Stinson – Be Ready Utah

Subject(s): Sanitation – Theatre 14 @ 11:00am, 3:00pm

Family Disaster Planning – Tent @ 10:00am, Theatre 14 @ 12:00pm

Bio:

Presenter: Max Johnson – Utah DEM

Subject(s): Disaster Recovery – What to Expect – Theatre 10 @ 9:00am, 12:00pm

Bio:

Presenter: Matt Beaudry

Subject(s): Cyber Disaster – How to Protect Yourself – Theatre 12 @ 10:00am, 12:00pm

Secure Our World – Simple ways to protect yourself, your family and your business from online threats.

The Cybersecurity and Infrastructure Security Agency (CISA) is an agency within the federal Department of Homeland Security (DHS). CISA is the nation's cyber defense agency and the national coordinator for critical infrastructure security, working with critical infrastructure partners and citizens every day to address the evolving threat landscape. CISA stands ready to help America prepare for and adapt to changing risk conditions and withstand and recover rapidly from potential disruptions, regardless of cause. Every day we are more and more connected – whether messaging family and friends, shopping online or ordering supplies for our small businesses so it's important to take steps to stay safe when using our phones, laptops and smart devices. It begins by taking simple actions each day when connected. Today's presentations will explain how we can secure ourselves, our family, and our businesses, in order to secure our world.

Bio: Matt Beaudry is a Protective Security Advisor (PSA) for the Cybersecurity and Infrastructure Security Agency (CISA).

PSAs are subject matter experts who engage with government, private sector, NGOs and non-profits, to protect the nation's critical infrastructure. He coordinates resources from CISA and other DHS agencies to assist with understanding and managing both cyber and physical security risk with the goal to reduce risk and build increased resilience to disruption.

Prior to CISA, Matt worked 10 years at the Utah Division of Emergency Management.

His first career was in the Fire Service, retiring as a Captain from Provo Fire and Rescue

Presenter: Mariah Tucker

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Subject(s): Scams and Fraud – don't let it happen to you – Theatre 13 @ 2:00pm

Learn more about avoiding scams and fraud through examples of ways scammers trick people. One important way that the Division of Consumer Protection serves consumers is by equipping them to protect themselves through education. It's far easier to prevent someone from falling for a scam than it is to pick up the pieces after someone has been scammed.

Bio: Mariah Tucker serves as the Communications and Outreach Specialist for the Division of Consumer Protection, which is housed in the Department of Commerce.

The mission of the Division of Consumer Protection is to strengthen trust in Utah's commercial activities by protecting consumers through education and impartial enforcement.

Presenter: Doug Shipley

Subject(s): Solar for Emergencies – Tent @ 9:00am, 1:00pm

Bio:

Presenter: Rylee Gifford

Subject(s): How to Prepare Pets for Evacuation – Theatre 13 @ 9:00am, 12:00pm

Bio: Rylee began her career as an Animal Care Officer with Davis County in 2021 and works daily to ensure the safety and well-being of both animals and the community. With a special interest in reptiles, Rylee often fosters these unique animals, giving them a safe environment while they wait for their permanent homes. In her time at Animal Care, she has embraced many roles, from training new officers to serving as the lead Animal Care Officer. Through this work, her long-lasting love for animals has evolved into a new passion for serving her community.

Presenter: Garland Fahrner

Subject(s): First Aid / Stop the Bleed – Tent @ 11:00am, 2:00pm

Bio: Garland has been in public service for 39 years, 32 years with the Davis County Sheriffs Office. My specialty is in Emergency Medicine as an EMT and Paramedic. I have been involved with teaching EMT and Paramedic classes for the past 37 years. I have not only taught Classes I have been involved in creating the National EMS curriculum which all EMT's and Paramedic's follow across the country.

I am also on the education committee for the American Heart Association and been involved with several research projects pertaining to CPR.

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Presenter: Terry Jenkins

Subject(s): Whole House Power Generation for Emergencies – Tent @ 12:00pm, 3:00pm

Bio:

Presenter: Maralin Hoff (Earthquake Lady)

Subject(s): Emergency Kits and How to Protect Yourself – Theatre 10 @ 11:00am, Theatre 12 @ 2:00pm

Maralin Hoff is known as “Utah’s Earthquake Lady” because of her in-depth knowledge on preparing for earthquakes and her tireless presenting on the subject throughout the state. She was given the nickname “Earthquake Lady” by the Red Hills Middle School in Richfield, Utah in 1995 because she demonstrated an earthquake with a 5-room doll house with the real sound of a California earthquake on a CD. Her presentation includes tips on putting together your own personalized emergency backpacks for each member of the family, necessary items and even kits for your house pets. She also talks about the need for kits for your place of business, your vehicles and as well as home. Information is presented on keeping your kits updated and the need to rotate specific items in your kits.

Bio: Maralin Hoff, known as "The Earthquake Lady", is community presenter for the Utah Division of Homeland Security Office of Emergency Services, and has done numerous trainings throughout the state regarding earthquake preparedness.

Presenter: Marc Croft

Subject(s): Back Up Generators- What You Need to Know – Croft Tent as needed (see Croft booth)

A backup generator class to be taught by Marc Croft of Croft Power Equipment (Woods Cross). Marc has gained an extensive knowledge of portable and standby generators for the use in an emergency and recreation. During this class, attendees will learn about proper generator sizing and what appliances can be run. He will also cover how to correctly connect a generator to the home, avoiding dangerous pitfalls. He will also teach on the best type of fuels to use including proper storage of these fuels. This has always been a well-attended class in years past, please come with any and all questions you may have about your emergency power needs.

Safe Use and Maintenance of Chain Saws in Emergencies – Croft Tent

Bio: Local South Davis County resident and business owner of Croft Power Equipment, Marc is knowledgeable in the use of generators and fuel for emergency situations. He has presented at power seminars and taught classes on generator use and selection.